References

- Baral1 R. & Bhargava S., 2011, HR Interventions for Work-Life Balance: Evidences from Organizations In India, International Journal Of Business, Management And Social Sciences Vol. 2, No. 1
- Bhattacharya Soumya & Mehra Puja, (October 2010), Corporate Aparatheid, Business Today.
- Chang Artemis, McDonald Artemis And Burton Pauline, 2010, Methodological Choices In WorkLife Balance Research 1987 To 2006: A Critical Review, The International Journal Of Human Resource Management.
- Chawla Deepak & Sondhi Neena, (2011), Assessing Work- L i fe Balance among Indian Women Professionals, The Indian Journal Of Industrial Relations, Vol 4, No. 2.
- Convertible Rupee. Journal of South Asian Development 5:2 293–315 Selye H. (1978). The stress of life. McGraw-Hill Book Co., New York, USA.
- Divya D, Suganthi L & Samuel Anand .A, (2010), Work Life Balance of IT Women Professionals belonging to the age Group 20-35 In India, Advances In Management., Vol. 3, No. 1
- Employees' Family Lives: The Facilitating Role of Work- Family Integration, Academy Of Management Journal, Vol. 52, No. 1.
- E. Greenblatt, "work –life balance: Wisdom or Whining",Organizational Dynamics, Vol. 31, No. 2, Pp.177-193, 2002.
- Gunavath, J S, Work-Life Balance Interventions Prevalent In the Indian Industry, South Asian Journal of Management, Volume 18, No. 2
- Ilies Remus, Schwind Kelly Wilson, Wagner David T., (2009), The Spillover Of Daily Job Satisfaction Onto Employees' Family Lives: The Facilitating Role Of Work- Family Integration, Academy of Management Journal, Vol. 52, No. 1
- Keith Davis, Organizational Behaviour, Tata McGraw Hill Publishing Company Limited, 11th Edition, pp 375- 376
- Kanwar Y. P. S, Singh A K & Kodwani A. D., (2009), Work–Life Balance And Burnout As Predictors of Job Satisfaction In The IT-ITES Industry, Vision—The Journal Of Business Perspective , Vol. 13, No. 2
- K. Korabik, D.S. Lero, and R. Ayman, "A multi-level approach to cross cultural work-family research" ,International Journal of Cross Cultural Management, Vol. 3, No. 3, Pp. 289-303, 2003.
- J.R.W. Joplin, M.A. Shaffer, A.M. Francesco, and T. Law, "The macro environment and work-family conflict: Development of a cross- cultural

comparative frame work", International Journal of Cross Cultural Management, Vol. 3, No. 3, Pp. 305-328, 2003.

- D.E. Guest, "Perspectives on the study of work-life balance", Social Science Information, Vol. 41, No. 2, Pp.255-279, 2002.
- M. Frone,, M. Russell, and Cooper, "Relation of work-family conflict to health outcomes: a four year longitudinal study of employed parents", Journal of Occupational and Organizational Psychology. Vol. 70, No.
- M. Pitt-Catsouphes, E.E. Kossek, and S. Sweet, "Charting new territory: Advancing multi-disciplinary perspectives, methods, and approaches in the study of work and family". (PDF) Pp. 1-16, 2006.
- LP Parkes and PH Langford, "work-life balance or work-life alignment? A test of the importance of work-life balance for employee engagement and intention to stay in organization" Journal of Management and Organization, Vol. 14, No.3, Pp. 267-284, 2008.
- C. Kirchmeyer, "Work-life initiatives: Greed or benevolence in regarding workers' time?" In: C.L. Cooper and D M Rousseau (Eds), Trends in Organizational Behaviour, Vol. 7, Pp. 79-97, 2000.
- S. Lewis, "Workplace programmes and policies in the United Kingdom", in Hass I., H Wans P. and G.Russell (eds), Organizational change and Gender Equity, London. Sage, 2000.
- S.C. Clark, "Work/family border theory: A new theory of work/family balance", Human Relations, Vol. 53, No. 6, Pp747-770, 2000.
- J.H Greenhaus, K.M. Collins, and J.D. Shaw, "The relation between work-family balance and quality of life", Journal of Vocational Behaviour, Vol. 63, Pp.510-531, 2003.
- J.G. Grzywacz, and D.S.Carlson, "Conceptualizing work-family balance: Implications for practice and research", Advances in Developing Human Resources, Vol. 9, No. 4, Pp.455-471, 2007.
- S. Bennet, and L. Lockyer, "Becoming an online teacher: Adapting to a changed environment for teaching and learning in higher education", Educational Media International, Vol. 41, No.3, Pp. 231-244, 2004.
- B. Pocock, N. Skinner, and P. Williams, "Work, Life and Time; The Australian work and life Index", Centre for work and life, Hawke Research Institute: University of South Australia, 2007.
- Cheng. T, and Hsieh.Y, (2012). Positive-Example Learning for Content-Based Product

- Recommendations: A Cost-Sensitive Learning Technique. Decision Support Systems. Discipline based - refereed, In press, 06/2012. Wilson, M. (2002). Six Views of Embodied Cognition; IN PRESS: PSYCHONOMIC
- EFFICACY OF WOMEN SCHOOL TEACHERS. PhD thesis, Quaid-i-Azam University, Islamabad . Satyendra S. Nayak. 2008. Globalization and the Indian Economy: Roadmap to
- Ravichandran, R.& Rajendran, R. (2007). Perceived sources of stress among teachers. Journal of the Indian Academy of Applied Psychology, 33 (1) 133-136 Johnstone, M. (1989). Stress in teaching: an overview of research. Edinburgurgh:
- SCRE Johnstone, M.(1993). Stress in teaching: a return to the questions. Edinburgurgh: SCRE
- TROMAN, G. (2000).Teacher Stress in the Low-Trust Society, British Journal of
- Sociology of Education, Vol. 21, No. 3 Leka, S., Griffiths, A. & Cox, T (2004), Work Organization & Stress, Systematic Problem Approaches for Employers, Managers and Trade Union Representatives retrieved on 5 June 2009 from http://www.who.int/occupational_health/publications/pwh3rev.pdf Pestonjee., (1992) .Stress and Coping-The Indian Experience. 2nd edition. Sage.
- Publications. oCox, T. (1978). Stress. Macmillan, London. Cohen, S. and Williamson, G.M. (1991). Stress and infectious disease in
- humans.Psychological Bulletin, v109. pp. 5-24. Lazarus, R S, (1966). Psychological Stress and the Coping Process. New York: McGraw-Hill.